



Sumati Sparks The Open Relationship Coach

Professionals • Couples • Singles • LGBTQ-friendly • Confidential

The 3 Best Ways to Meet New Sweeties During Covid Times

1) Online Polyamory, Tantra, or other Sex Positive Conferences, Festivals and Meetup groups:

Most conferences, festivals & Meetup groups have moved into virtual space these days. If you have a favorite conference you have attended in the past or one you always wanted to attend but it was too far away, this is the perfect opportunity to join the fun from the comfort of your own home.

Most producers offer tiered pricing. Meaning, if you are still gainfully employed during the pandemic, they ask for you to pay the suggested ticket price on the honor system. But if you, like millions of folks, are unemployed or underemployed right now, most online conferences offer reduced-priced tickets and/or scholarships and/or work-trade opportunities. So don't let the price prevent you from attending.

Below are a few I know about but there are hundreds more out there. Just do a little research if these don't appeal to you. (Here are a few examples of online conferences, festivals, classes, meetups, etc).

[Date Nights with Monique and Reid](#)

[The New Body Electric School has weekly Community Heart Circles](#)

[Tantric Educator Lindy James has regular online Pujas that are very connecting](#)

[The Pursuit of Pleasure - Online Tantra Festival](#)

[Polycon - Canada](#)

[Tantra Festival Mexico](#)

[Alan's List \(of Polyamory Events\)](#)

[Polyam Meetup Groups](#)

[Human Awareness Institute Workshops and Events](#)

[Tantra Festival Online](#)

* [Go to Meetup.com and search for the word polyamory in your city](#)



The 3 Best Ways to Meet New Sweeties During Covid Times

2) Dating Apps:

Most non-monogamous folks have used dating apps from time to time even before the pandemic. But now that we can't attend large in-person gatherings, more and more people are creating profiles!

Be sure you state that you are non-monogamous right up front so you don't mislead anyone. It's better to wait for the right match to come along than to start a new romance and then have to disappoint, or worse, deceive someone down the road.

Some dating-app users meet compatible new partners fairly soon. Others try and try again, but feel like dating apps just don't work for them. However, it doesn't hurt to give it a whirl. Even if you don't meet a new sweetie, it helps to get clarity about what you are looking for. I have also learned a lot about what I DON'T want from using dating apps. Haha!

In addition to meeting new sweeties, you might also meet a new friend. Not everyone has to be a romantic fit. Some people make wonderful new activity buddies.

3) Ask Existing Friends who are in relationships if you can join their bubble:

Ok so let's say you have tried to meet people at online events and on dating apps and you just haven't had any luck. Keep in mind that your coupled polyamorous friends may be feeling like they could use some new energy right now. Even if you don't want to be sexual with any of your friends, you could agree to have cuddle dates, movie dates, massage trades, etc. Often times just getting our touch needs met goes a long way. Reach out to them and ask them what they need to feel safe adding you to their QuaranTeam. Perhaps they would need you to get a negative COVID-19 test and then agree to practice extra safety measures before being with them. Or maybe a 2 week self-quarantine at home would be enough. Or perhaps you have already been so isolated that your friends will feel safe with you coming over right away. You'll never know until you ask them what their comfort level is.



Sumati Sparks The Open Relationship Coach

Professionals • Couples • Singles • LGBTQ-friendly • Confidential

The 3 Best Ways to Meet New Sweeties During Covid Times

If they don't feel safe adding you to their bubble, don't take it personally. There are so many factors that go into our decisions about COVID safety. They may have an elderly parent they visit with regularly. Or they may have underlying health conditions that puts them at higher risk than most. Thank them for taking care of themselves, move on and ask someone else.

Much love and good health to you,

Sumati

P.S. If you need any additional help with finding new sweeties, feel free to reach out to me. I offer a complimentary 45-minute consultation to qualified people.

Apply here:

SumatiSparks.com